

Home Activities

AS Ideas

- Personal Best challenges. We have created a crib sheet of ideas for you to do at home. You can use these challenges or create your own.
- Surrey School Games cultural element. This year, we're celebrating the Tokyo 2020 Summer Olympics with two different competitions:-
 1. KS1 (Years 1&2) - Design a flag
 2. KS2 (Years 3-6) - Write a poem or charter

Get creative with your entries. Pretend you are one of the mascots and choose a sport to compete in and make your own races.

School Examples

- Springfield
- Staines Prep KS1 KS2
- St Mary's Oxted

Resources

- BBC Supermovers
- Change4Life Accessible workouts
- Change4Life Wake Up Shake Up
- Cosmic Kids Yoga
- Create Development - real play at home
- Get Set Resources
- Go Noodle YouTube Channel
- imoves
- Joe Wicks workouts
- Jump Start Jonny

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- Just Dance
- Nike Active Kids Do Better
- Premier Education
- Premier League Primary Stars
- Questr
- Sports Leaders Raising Resilience
- Succeedin and The PE Suite
- Synergy Dance tutorials
- Tagtiv8
- This Girl Can - Disney home workouts
- Youth Sport Trust

